

RESULTS OF THE DIET WITH AUTOIMMUNE DISEASES

Diseases patients	Number of patients	Complete remissions	Definite improvements	50% improvements	Failures	Proportion of success
Rheumatoid Polyarthritis	297	127	100	18	52	82%*
Ankylosing spondylitis	122	76	40		6	95%
Rheumatoid psoriasis	39	15	10	11	3	92%*
Polymyalgia rheumatica	17	12	4		1	94%
Still's disease	8	5		1	2	
Oligoarticular JIA	4		2		2	
Polyarticular JIA	1				1	
Palindromic rheumatism	4	3			1	
Inflammatory Rheumatism	15	12		2	1	93%*
Gougerot-Sjögren	86	15	11	48	12	86%*
Systemic lupus erythematosus	20	10	6	3	1	95%*
Scleroderma	14		14			100%
Dermatomyositis	3		3			
Polymyositis	3		2		1	
MCTD	3		2		1	
Cutaneous lupus	5	1	1			
Inflammation of fascia (Shulman's Syndrome)	1		1			
Chronic atrophic polychondritis	1	1				
Basedow's disease	9		No ulceration – reduction of proptosis			
Hashimoto's Thyroiditis	8			2	6	
Multiple Sclerosis	46	13	20	8	1	98%*
Coeliac disease	2		Healing of gluten resistant types			
Peyronie's disease	5	3	2			
Idiopathic purpura thrombocytopenia	5				5	
Autoimmune hepatitis	7	7				
Primary Biliary Cirrhosis	6	5	1			
Primary sclerosing cholangitis	2	2	Not enough time since treatment			
Pemphigus	2		Prevention of further progression			
IgA nephropathy	8					
Acute anterior uveitis	14	10	2		2	86%
Guillain-Barre	1		1			
Peripheral neuropathy	9		4	3	2	
Wegener granulomatosis	2		2			
Addison's Disease autoimmune	1		1			

* This figure includes 50% improvements